



## Plumstead Runners News Letter - June 2015.

Dear members, for those members who were unable to attend the last meeting earlier this month, please find below some of the points discussed at the last members meeting for your information.

### **Club Targeted Races: See clubs web site for details of each event.**

1. Club 10k handicap will now take place on the 17<sup>th</sup> June 2015 from Oxleas Woods, first runner away at 6:30pm
2. Joydons Wood 5K Series – 2<sup>nd</sup> race – Wednesday 24<sup>th</sup> June 2015.
3. July - Foots Cray Meadows – new 10k, 5k and fun run 4/7/2015.
4. Plumstead Runners Orienteering run – 8<sup>th</sup> July 2015 from the club at 6:30pm.

### **Club Beer Run.**

1. RM confirmed the date of 25/7/2015 for this years beer run. Spaces are filling up so be quick to put your name down for a place. Cost per person is approximately £23.00 for coach and food, Ray to confirm. See Ray and/or Les for payment etc. There is to be a fancy dress theme, optional.

### **Additional Club Social Event.**

- RV informed members of an additional club social event to take place on Sunday 9/8/2015 at the club. Commences at approximately 3pm. Buffet and music in the club house. See Richard & Graham for further details.

### **Club BBQ.**

- RV & GW confirmed that this year's Club BBQ and 10 mile handicap race will take place on 4<sup>th</sup> October 2015 at the club house. First runner away at 9am. BBQ commences at 1pm and finishes when it finishes.....

### **Club Social Run.**

- Ian Scott and Les Pullen researching a new social run ie. Target a race where members catch a coach and picnic afterwards. Details to be agreed.

### **A message from the Committee:**

It would be great to see more members attend the meeting so that everyone has a say on future decisions and plans for forthcoming events. We are aware that some members have to dash off due to family commitments etc. We are trying to make the first Wednesday of the month meetings as enjoyable as possible, if you have any ideas ie bringing food along etc please let us know.