



## Plumstead Runners News Letter - July 2015.

Dear members, for those members who were unable to attend the last meeting earlier this month, please find below some of the points discussed at the last members meeting for your information.

### **Club Targeted Races: See clubs web site for details of each event.**

1. Joydons Wood 5K Series – 3rd race – Wednesday 29th July 2015.
2. July - Footh Cray Meadows – new 10k, 5k and fun run 4/7/2015.
3. Plumstead Runners Orienteering run – 8<sup>th</sup> July 2015 from the club at 6:30pm.
4. Bewl Water 15 – 5<sup>th</sup> July 2015.
5. Myra Garret 10k – Danson Park – 12/7/2015.
6. **Grizzly 2016 – Entries open 21<sup>st</sup> August 2015 and close 8pm Friday 11<sup>th</sup> September 2015. GW to apply for block club booking.**

### **Club Beer Run.**

- Ray Marshal confirmed the date of 25/7/2015 for this years beer run. Some spaces are still available. Cost per person is approximately £25.00 for coach and food. See Ray and/or Les for payment etc. The fancy dress theme is 'Where's Wally'.

### **Additional Club Social Event.**

- RV informed members of an additional club social event to take place on Sunday 9/8/2015 at the club. Commences at 3pm. Buffet and music in the club house. See Richard & Graham for further details.

### **Club BBQ.**

- RV & GW confirmed that this year's Club BBQ and 10 mile handicap race will take place on Sunday 4<sup>th</sup> October 2015 at the club house. First runner away at 9am. BBQ commences at 1pm and finishes when it finishes.....

### **Club Social Run.**

- Ian Scott and Les Pullen researching a new social run ie. Target a race where members catch a coach and picnic afterwards. Details to be agreed.

### **Howard Grub Series.**

- RV confirmed that a list of races to be included in the 2015 Club Championship had been sent out to all members. Members were advised to send to RV their nominated races with a copy of the official results. Closing date for all applications was 12mid night 31/12/2015.

### **BHSC Membership.**

- GW and RV confirmed that Plumstead Runners had been invited to become a full member club of BHSC. It was agreed by all members at the meeting for the

committee to progress full membership of BHSC. GW/RV to update members on progress.

**Date of Next Meeting: Wednesday 5<sup>th</sup> August 2015.**

**Time: 8:30pm.**

**Venue: BHSC.**

**A message from the Committee:**

It would be great to see more members attend the meeting so that everyone has a say on future decisions and plans for forthcoming events. We are aware that some members have to dash off due to family commitments etc. We are trying to make the first Wednesday of the month meetings as enjoyable as possible, if you have any ideas ie bringing food along etc please let us know.