



Plumstead Runners News Letter January 2016.

Dear members,

For those members who were unable to attend the last meeting and AGM earlier this month, please find below some of the points discussed at the meeting for your information.

Club Targeted Races: See the clubs web site for details of each event.

- January – Benfleet 15 mile – 17/1/2016.
Canterbury 10 mile – 24/1/2016.
February – Head Corn Half Marathon – 14/2/2016
Tunbridge Half Marathon – 21/2/2016
- **Kent Fitness League – Match 7 – Last race of the cross country season at Rough Common, Canterbury on 7/2/2016. Your club needs you for the final big push of the season.**



A hardy bunch of Plumstead Runners, Cross Country Team at Minis Bay.

- **Grizzly 13/3/2016** - Les Pullen confirmed that he has now provisionally booked three houses for the Grizzly weekend. Les Pullen to email Grizzly goer's with a copy of the Eyre Court evening menu.
- LP and Sam Cole confirmed that the mini bus will leave of the Friday 11th March to go to Seaton and return on Monday 14th March.

Members Update:

- Steve Grundy, Membership and Cross Country captain along with Les Pullen, congratulated all members who have supported the XC season so far and encouraged as many members as possible to support the club in the last race of the season at Rough Common, Canterbury on 7/2/2016.

- **Additional Runs** –Monday club run. Run starts from the club at 7pm. These runs continue to be well supported.
- **Plumstead Runners 2016 Committee Members:**
Richard Vero – Chairman.
Graham Willsher – Club Secretary.
Geoff Goodwin – Finance Secretary.
Steve Grundy – Memdbers Secretary.



Les Pullen back in training.

A message from a Plum member.....

Hi ya guys, tickets have gone on sale today! Offering tickets to all plums first.

My email is vikkirussell@hotmail.com 07507838729. Thanks again Vikki Russell THANKS!



**Charity Race Night
at Plums Clubhouse**

20th February, 7.00pm

**£7.50 a ticket, includes
Fish and Chip Supper!**

**Date of Next Meeting: Wednesday 3rd February 2016.
Time: 8:30pm.
Venue: BHSC.**